



**VERSA  
CLIMBER**



# TOTAL BODY WORKOUT MACHINE



730 504 4880 / 730 504 4881



[www.versaclimberindia.com](http://www.versaclimberindia.com)



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# VERSA CLIMBER



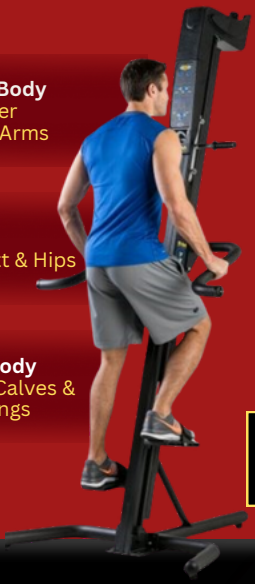
**Upper Body**  
Shoulder  
Back & Arms



**Core**  
Abs, Butt & Hips



**Lower Body**  
Quads, Calves & Hamstrings



Versaclimber is a full body workout machine that combines zero impact, high intensity, vertical cardio with resistance training. It is one of the most effective and efficient ways of burning fats and calories in short amount of time.

**ZERO IMPACT + CARDIO**



## SPECS

	HP	SM-M	TS-M
<b>Variable Resistance</b>	Fixed	Yes	Yes
<b>Contra Lateral Pattern</b>	Yes	Yes	Yes
<b>9 Volt Battery</b>	Yes	220V	220V
<b>Foot/Hand range of motion</b>	1-20"	1-20"	1- 20"
<b>Touch screen Display</b>	No	No	Yes
<b>Floor Mount</b>	Yes	Yes	Yes
<b>Base</b>	36" x 44"	43" x 44"	43" x 44"
<b>Height</b>	7'6ft	7'6ft	7'6ft
<b>Weight</b>	39kgs	60kgs	60kgs
<b>Weight (max user weight)</b>	120kgs	160kgs	160kgs



Step, walk, jog, run, climb or sprint vertically against gravity in a smooth rhythmic, non-impact, natural motion.

Space efficient, compact design provides total body training requiring the least amount of floor space.



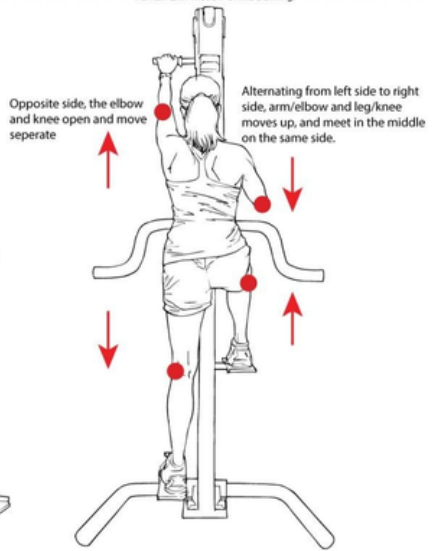
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**STANDARD PATTERN**  
Ipsilateral or like climbing a ladder



VS

**CONTRA-LATERAL PATTERN**  
Human GAIT motion or like crawling.



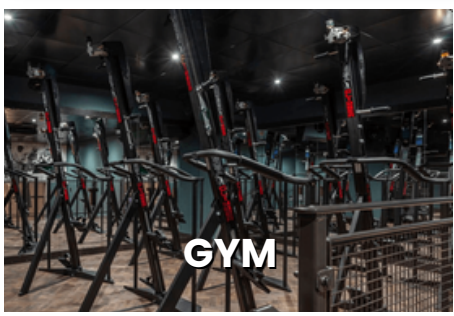
# VERSAPULLEY



VersaPulley is a high/low strength exercise pulley machine that combines speed, power and functional mobility through any range of motion with accommodating inertial resistance at any speed, just like sports. The VersaPulley was designed to enhance sport movement and athletic performance.

The resistance used is based on patented MV2 technology. This technology provides responsive resistance and a true stretch-shortening cycle for closed chain, multi-plane, multi-joint exercises as well as isolation or open-chain routines. It strengthens the performance of athletes who are involved in sports like Table Tennis, Cricket, Badminton, "Squash, Softball, Boxing, Martial Arts and Shooting etc.

**Suitable for Tennis - Cricket - Badminton - Boxing**



**SECTORS**

## FAQ

**What is the Versaclimber?**  
The Versaclimber is the leading climbing exercise machine that offers a low impact total-body workout.

**Is VersaClimber good for knees?** Versa Climber's low-impact capabilities allows to exercise safely, even if the person is suffering from a leg, knee, arm and shoulders or back injury.

**What is Contra-Lateral working Pattern?** Contra-Lateral pattern which replicates crawling. Through this pattern, cross crawl neural connections and pathways are established

**How long do I need to use it for?** If you want to build strength in a specific area of your body then it can be used for less than a minute.

**CLIENTS TESTIMONIAL**



“  
**LeBron James**, who owns three VersaClimbers, says the machine gives him a fitness edge!  
 ”



“  
**Anthony Ogogo** says: “My physio Kevin Lidlow recommended the Versaclimber to me.”  
 ”



“  
**Trainers** at Dudley-based boxing facility, Priory Park Boxing Club, have been using a Versaclimber since 2017, to enhance and strengthen their boxing experience.  
 ”



“  
**Adams Neil MBE** Recommend the Versaclimber and Versapully to my athletes for the machines’ superior cardiovascular and muscular endurance capabilities, both of which are incredibly important in the sport.  
 ”



“  
**James Haskell** My Versaclimber Sport gives me a full body conditioning blast. Every area of my body gets a proper workout.  
 ”



“  
 I was looking for a method of training that was closely aligned to what I am going to be faced with on the mountain and I genuinely believe the Versaclimber is it.  
 ”



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